

## New refinements for the AM-GM-HM inequalities

MIHÁLY BENCZE

ABSTRACT. In this paper we introduce new means which give new refinements for the AM-GM-HM inequalities.

### 1. MAIN RESULTS

**Theorem 1.** If  $x_k > 0$  ( $k = 1, 2, \dots, n$ ), then

$$\frac{1}{n} \sum_{k=1}^n x_k \geq \frac{1}{2n} \sum_{cyclic} \sqrt[3]{x_1 x_2} (\sqrt[3]{x_1} + \sqrt[3]{x_2}) \geq \sqrt[n]{\prod_{k=1}^n x_k} \geq \frac{2n}{\sum_{cyclic} \frac{1}{\sqrt[3]{x_1 x_2} (\frac{1}{\sqrt[3]{x_1}} + \frac{1}{\sqrt[3]{x_2}})}} \geq \frac{n}{\sum_{k=1}^n \frac{1}{x_k}}$$

*Proof.*  $a_1^3 + a_2^3 = (a_1 + a_2)(a_1^2 + a_2^2 - a_1 a_2) \geq a_1 a_2 (a_1 + a_2),$

$$2 \sum_{k=1}^n a_k^3 = \sum_{cyclic} (a_1^3 + a_2^3) \geq \sum_{cyclic} a_1 a_2 (a_1 + a_2) \geq 2n \sqrt[n]{\prod_{k=1}^n a_k^3}.$$

If  $a_k = \sqrt[3]{x_k}$  ( $k = 1, 2, \dots, n$ ), then

$$\frac{1}{n} \sum_{k=1}^n x_k \geq \frac{1}{2n} \sum_{cyclic} \sqrt[3]{x_1 x_2} (\sqrt[3]{x_1} + \sqrt[3]{x_2}) \geq \sqrt[n]{\prod_{k=1}^n x_k}.$$

In this we take  $x_k \rightarrow \frac{1}{x_k}$  ( $k = 1, 2, \dots, n$ ), therefore

$$\sqrt[n]{\prod_{k=1}^n x_k} \geq \frac{2n}{\sum_{cyclic} \frac{1}{\sqrt[3]{x_1 x_2} (\frac{1}{\sqrt[3]{x_1}} + \frac{1}{\sqrt[3]{x_2}})}} \geq \frac{n}{\sum_{k=1}^n \frac{1}{x_k}}.$$

**Remark.**  $B(x_1, x_2, \dots, x_n) = \frac{1}{2n} \sum_{cyclic} \sqrt[3]{x_1 x_2} (\sqrt[3]{x_1} + \sqrt[3]{x_2})$  and

$$\bar{B}(x_1, x_2, \dots, x_n) = \frac{2n}{\sum_{cyclic} \frac{1}{\sqrt[3]{x_1 x_2} (\frac{1}{\sqrt[3]{x_1}} + \frac{1}{\sqrt[3]{x_2}})}}$$

are new means introduced in [1].

The inequalities of theorem can be written  $A \geq B \geq G \geq \bar{B} \geq H$ .

**Application 1.1.** In all triangles  $ABC$  holds:

- 1)  $2(s^2 - 3r^2 - 6Rr) \geq s^2 + r^2 - 2Rr \geq 12Rr$
- 2)  $s(s^2 - 12Rr) \geq \frac{r}{2}(4R + r) - sr^2 \geq 3sr^2$

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$$3) (4R + r)^3 - 12s^2R \geq s^2(2R - r) \geq 3s^2r$$

$$4) (2R - r) \left( (4R + r)^2 - 3s^2 \right) + 6Rr^2 \geq \\ \geq \frac{1}{2} (2R - r) (s^2 + r^2 - 8Rr) - 3Rr^2 \geq 6Rr^2$$

$$5) (4R + r)^3 - 3s^2(2R + r) \geq \frac{1}{2} \left( (4R + r)^3 + s^2r \right) - s^2R \geq 6s^2R$$

*Proof.* In inequalities  $\sum x^3 \geq \frac{1}{2} \prod (x + y) - xyz \geq 6xyz$ , we take  $(x, y, z) \in \left\{ (a, b, c), (s - a, s - b, s - c), (r_a, r_b, r_c); \left( \sin^2 \frac{A}{2}, \sin^2 \frac{B}{2}, \sin^2 \frac{C}{2} \right); \left( \cos^2 \frac{A}{2}, \cos^2 \frac{B}{2}, \cos^2 \frac{C}{2} \right) \right\}$ . These inequalities are refinements for classical triangle inequalities (Euler, Gerretsen etc.).

**Application 1.2.** In all tetrahedrons  $ABCD$  holds:

1)

$$\frac{1}{4} \sum h_a \geq \frac{1}{8} \sum \sqrt[3]{h_a h_b} \left( \sqrt[3]{h_a} + \sqrt[3]{h_b} \right) \geq \sqrt[4]{\prod h_a} \geq \frac{8}{\sum \frac{1}{\sqrt[3]{h_a h_b}} \left( \frac{1}{\sqrt[3]{h_a}} + \frac{1}{\sqrt[3]{h_b}} \right)} \geq 4r$$

2)

$$\frac{1}{4} \sum r_a \geq \frac{1}{8} \sum \sqrt[3]{r_a r_b} \left( \sqrt[3]{r_a} + \sqrt[3]{r_b} \right) \geq \sqrt[4]{\prod r_a} \geq \frac{8}{\sum \frac{1}{\sqrt[3]{r_a r_b}} \left( \frac{1}{\sqrt[3]{r_a}} + \frac{1}{\sqrt[3]{r_b}} \right)} \geq 2r$$

*Proof.* In Theorem 1 we take  $n = 4$  and

$$(x, y, z, t) \in \{(h_a, h_b, h_c, h_d); (r_a, r_b, r_c, r_d)\}.$$

**Application 1.3.** In all triangles  $ABC$  holds:

1)

$$\frac{2s}{3} \geq \frac{1}{6} \sum \sqrt[3]{ab} \left( \sqrt[3]{a} + \sqrt[3]{b} \right) \geq \sqrt[3]{4sRr} \geq \frac{6}{\sum \frac{1}{\sqrt[3]{ab}} \left( \frac{1}{\sqrt[3]{a}} + \frac{1}{\sqrt[3]{b}} \right)} \geq \frac{12sRr}{s^2 + r^2 + 4Rr}$$

2)

$$\frac{s}{3} \geq \frac{1}{6} \sum \sqrt[3]{(s-a)(s-b)} \left( \sqrt[3]{s-a} + \sqrt[3]{s-b} \right) \geq \sqrt[3]{sr^2} \geq \\ \geq \frac{6}{\sum \frac{1}{\sqrt[3]{(s-a)(s-b)}} \left( \frac{1}{\sqrt[3]{s-a}} + \frac{1}{\sqrt[3]{s-b}} \right)} \geq \frac{3sr}{4R + r}$$

3)

$$\frac{4R + r}{3} \geq \frac{1}{6} \sum \sqrt[3]{r_a r_b} \left( \sqrt[3]{r_a} + \sqrt[3]{r_b} \right) \geq \sqrt[3]{s^2 r} \geq \frac{6}{\sum \frac{1}{\sqrt[3]{r_a r_b}} \left( \frac{1}{\sqrt[3]{r_a}} + \frac{1}{\sqrt[3]{r_b}} \right)} \geq 3r$$

4)

$$\frac{s}{3r} \geq \frac{1}{6} \sum \sqrt[3]{\operatorname{ctg} \frac{A}{2} \operatorname{ctg} \frac{B}{2}} \left( \sqrt[3]{\operatorname{ctg} \frac{A}{2}} + \sqrt[3]{\operatorname{ctg} \frac{B}{2}} \right) \geq \sqrt[3]{\frac{s}{r}} \geq \\ \geq \frac{6}{\sum \sqrt[3]{\operatorname{tg} \frac{A}{2} \operatorname{tg} \frac{B}{2}} \left( \sqrt[3]{\operatorname{tg} \frac{A}{2}} + \sqrt[3]{\operatorname{tg} \frac{B}{2}} \right)} \geq \frac{3s}{4R + r}$$

5)

$$\begin{aligned} \frac{4R+r}{3s} &\geq \frac{1}{6} \sum \sqrt[3]{tg \frac{A}{2} tg \frac{B}{2}} \left( \sqrt[3]{tg \frac{A}{2}} + \sqrt[3]{tg \frac{B}{2}} \right) \geq \sqrt[3]{\frac{r}{s}} \geq \\ &\geq \frac{6}{\sum \sqrt[3]{ctg \frac{A}{2} ctg \frac{B}{2}} \left( \sqrt[3]{ctg \frac{A}{2}} + \sqrt[3]{ctg \frac{B}{2}} \right)} \geq \frac{3r}{s} \end{aligned}$$

6)

$$\begin{aligned} \frac{2R-r}{6R} &\geq \frac{1}{6} \sum \sqrt[3]{\sin^2 \frac{A}{2} \sin^2 \frac{B}{2}} \left( \sqrt[3]{\sin^2 \frac{A}{2}} + \sqrt[3]{\sin^2 \frac{B}{2}} \right) \geq \sqrt[3]{\frac{r^2}{16R^2}} \geq \\ &\geq \frac{6}{\sum \frac{1}{\sqrt[3]{\sin^2 \frac{A}{2} \sin^2 \frac{B}{2}}} \left( \frac{1}{\sqrt[3]{\sin^2 \frac{A}{2}}} + \frac{1}{\sqrt[3]{\sin^2 \frac{B}{2}}} \right)} \geq \frac{3r^2}{s^2 + r^2 - 8Rr} \end{aligned}$$

7)

$$\begin{aligned} \frac{4R+r}{6R} &\geq \frac{1}{6} \sum \sqrt[3]{\cos^2 \frac{A}{2} \cos^2 \frac{B}{2}} \left( \sqrt[3]{\cos^2 \frac{A}{2}} + \sqrt[3]{\cos^2 \frac{B}{2}} \right) \geq \sqrt[3]{\frac{s^2}{16R^2}} \geq \\ &\geq \frac{6}{\sum \frac{1}{\sqrt[3]{\cos^2 \frac{A}{2} \cos^2 \frac{B}{2}}} \left( \frac{1}{\sqrt[3]{\cos^2 \frac{A}{2}}} + \frac{1}{\sqrt[3]{\cos^2 \frac{B}{2}}} \right)} \geq \frac{3s^2}{s^2 + (4R+r)^2} \end{aligned}$$

*Proof.* In Theorem 1 we take  $n = 3$  and

$$(x, y, z) \in \{(a, b, c), (s-a, s-b, s-c), (r_a, r_b, r_c)\};$$

$$\left( tg \frac{A}{2}, tg \frac{B}{2}, tg \frac{C}{2} \right); \left( ctg \frac{A}{2}, ctg \frac{B}{2}, ctg \frac{C}{2} \right);$$

$$\left( \sin^2 \frac{A}{2}, \sin^2 \frac{B}{2}, \sin^2 \frac{C}{2} \right); \left( \cos^2 \frac{A}{2}, \cos^2 \frac{B}{2}, \cos^2 \frac{C}{2} \right) \}.$$

These inequalities give new refinements for classical triangle inequalities (Euler, Gerretsen etc.).

**Application 1.4.** We have the following inequalities:

$$\begin{aligned} 1 + \frac{1}{n} \sum_{k=1}^n \frac{1}{k} &\geq B \left( 2, \frac{2}{3}, \dots, \frac{n+1}{n} \right) \geq \sqrt[n]{n+1} \geq \\ &\geq \bar{B} \left( 2, \frac{3}{2}, \dots, \frac{n+1}{m} \right) \geq \frac{1}{1 - \frac{1}{n} \sum_{k=1}^n \frac{1}{k+1}} \end{aligned}$$

**Application 1.5.** We have the following inequalities:

$$1 - \frac{1}{n} \sum_{k=2}^{n+1} \frac{1}{k} \geq B \left( \frac{1}{2}, \frac{2}{3}, \dots, \frac{n}{n+1} \right) \geq \frac{1}{\sqrt[n]{n+1}} \geq$$

$$\geq \bar{B} \left( \frac{1}{2}, \frac{2}{3}, \dots, \frac{n}{n+1} \right) \geq \frac{1}{1 + \frac{1}{n} \sum_{k=2}^{n+1} \frac{1}{k-1}}$$

**Application 1.6.** We have the following inequalities:

$$\begin{aligned} 1 - \frac{1}{n} \sum_{k=2}^{n+1} \frac{1}{k^2} &\geq B \left( \frac{2^2-1}{2^2}, \frac{3^2-1}{3^2}, \dots, \frac{(n+1)^2-1}{(n+1)^2} \right) \geq \sqrt[n]{\frac{n+1}{2(n+1)}} \geq \\ &\geq \bar{B} \left( \frac{2^2-1}{2^2}, \frac{3^2-1}{3^2}, \dots, \frac{(n+1)^2-1}{(n+1)^2} \right) \geq \frac{1}{1 + \frac{1}{n} \sum_{k=2}^{n+1} \frac{1}{k^2-1}} \end{aligned}$$

**Application 1.7.** We have the following inequalities:

$$\begin{aligned} \frac{n}{n+1} &\geq B \left( \frac{1}{1 \cdot 2}, \frac{1}{2 \cdot 3}, \dots, \frac{1}{n(n+1)} \right) \geq \frac{1}{\sqrt[n]{(n+1)(n!)^2}} \geq \\ &\geq \bar{B} \left( \frac{1}{1 \cdot 2}, \frac{1}{2 \cdot 3}, \dots, \frac{1}{n(n+1)} \right) \geq \frac{3}{(n+1)(n+2)} \end{aligned}$$

**Application 1.8.** We have the following inequalities:

$$\begin{aligned} \frac{2^n-1}{n} &\geq B(1, 2, 2^2, \dots, 2^{n-1}) \geq 2^{\frac{n-1}{2}} \geq \\ &\geq \bar{B}(1, 2, 2^2, \dots, 2^{n-1}) \geq \frac{n2^{n-1}}{2^n-1} \end{aligned}$$

**Theorem 2.** If  $x_i > 0$  ( $i = 1, 2, \dots, n$ ),  $\alpha \in (-\infty, 0] \cup [1, +\infty)$ ,  $k \in \{1, 2, \dots, n\}$ , then

$$\begin{aligned} \frac{1}{n} \sum_{i=1}^n x_i^\alpha &\geq \frac{1}{n} \sum_{cyclic} \left( \frac{x_1 + \dots + x_k}{k} \right)^\alpha \geq \left( \frac{1}{n} \sum_{i=1}^n x_i \right)^\alpha \geq \left( \sqrt[n]{\prod_{i=1}^n x_i} \right)^\alpha \geq \\ &\geq \left( \frac{n}{\sum_{i=1}^n \frac{1}{x_i}} \right)^\alpha \geq \frac{n}{\sum_{cyclic} \left( \frac{\frac{1}{x_1} + \dots + \frac{1}{x_k}}{k} \right)^\alpha} \geq \frac{n}{\sum_{i=1}^n \frac{1}{x_i^\alpha}}. \end{aligned}$$

*Proof.*

$$\begin{aligned} \frac{1}{n} \sum_{i=1}^n x_i^\alpha &= \frac{1}{n} \sum_{cyclic} \frac{x_1^\alpha + \dots + x_k^\alpha}{k} \geq \frac{1}{n} \sum_{cyclic} \left( \frac{x_1 + \dots + x_k}{k} \right)^\alpha \geq \\ &\geq \left( \frac{1}{n} \sum_{cyclic} \frac{x_1 + \dots + x_k}{k} \right)^\alpha = \left( \frac{1}{n} \sum_{i=1}^n x_i \right)^\alpha \geq \left( \sqrt[n]{\prod_{i=1}^n x_i} \right)^\alpha. \end{aligned}$$

If in this we take  $x_i \rightarrow \frac{1}{x_i}$  ( $i = 1, 2, \dots, n$ ), then we obtain the another inequalities.

**Application 2.1.** In all triangles  $ABC$  holds

1)

$$\begin{aligned} \frac{2(s^2 - r^2 - 4Rr)}{3} &\geq \frac{1}{6}(3s^2 - r^2 - 4Rr) \geq \left(\frac{2s}{3}\right)^2 \geq \left(\sqrt[3]{4sRr}\right)^2 \geq \\ &\geq 9\left(\frac{4sRr}{s^2 + r^2 + 4Rr}\right)^2 \geq \frac{12}{\sum\left(\frac{1}{a} + \frac{1}{b}\right)^2} \geq \frac{3}{\left(\frac{s^2 + r^2 + 4Rr}{4sRr}\right)^2 - \frac{1}{Rr}} \end{aligned}$$

2)

$$\begin{aligned} \frac{s^2 - 2r^2 - 8Rr}{3} &\geq \frac{s^2 - r^2 - 4Rr}{6} \geq \left(\frac{s}{3}\right)^2 \geq \left(\sqrt[3]{sr^2}\right)^2 \geq \\ &\geq 9\left(\frac{sr}{4R+r}\right)^2 \geq \left(\frac{12}{\sum\left(\frac{c}{(s-a)(s-b)}\right)^2}\right)^2 \geq \frac{3s^2r^2}{(4R+r)^2 - 2s^2} \end{aligned}$$

3)

$$\begin{aligned} \frac{(4R+r)^2 - 2s^2}{3} &\geq \frac{(4R+r)^2 - s^2}{6} \geq \left(\frac{4R+r}{3}\right)^2 \geq \left(\sqrt[3]{s^2r}\right)^2 \geq \\ &\geq 9r^2 \geq \frac{12}{\sum\left(\frac{1}{r_a} + \frac{1}{r_b}\right)^2} \geq \frac{3s^2r^2}{s^2 - 8Rr - 2r^2} \end{aligned}$$

*Proof.* In Theorem 2 we take  $n = 3$ ,  $\alpha = 2$  so we obtain

$$\begin{aligned} \frac{x^2 + y^2 + z^2}{3} &\geq \frac{(x+y)^2 + (y+z)^2 + (z+x)^2}{12} \geq \left(\frac{x+y+z}{3}\right)^2 \geq \left(\sqrt[3]{xyz}\right)^2 \geq \\ &\geq \frac{9}{\left(\frac{1}{x} + \frac{1}{y} + \frac{1}{z}\right)^2} \geq \frac{12}{\left(\frac{1}{x} + \frac{1}{y}\right)^2 + \left(\frac{1}{y} + \frac{1}{z}\right)^2 + \left(\frac{1}{z} + \frac{1}{x}\right)^2} \geq \frac{3}{\frac{1}{x^2} + \frac{1}{y^2} + \frac{1}{z^2}} \end{aligned}$$

and in this we take

$$(x, y, z) \in \{(a, b, c), (s-a, s-b, s-c), (r_a, r_b, r_c)\}.$$

**Theorem 3.** If  $\alpha \in (-\infty, 0] \cup [1, +\infty)$  and  $x_i > 0$  ( $i = 1, 2, \dots, n$ ), then

$$\begin{aligned} \frac{1}{n} \sum_{i=1}^n x_i &\geq \frac{1}{n} \sum_{cyclic} \left(\frac{x_1^{\frac{1}{\alpha}} + \dots + x_k^{\frac{1}{\alpha}}}{k}\right)^\alpha \geq \left(\frac{1}{n} \sum_{i=1}^n x_i^{\frac{1}{\alpha}}\right)^\alpha \geq \sqrt[n]{\prod_{i=1}^n x_i} \geq \\ &\geq \left(\frac{n}{\sum_{i=1}^n x_i^{-\frac{1}{\alpha}}}\right)^\alpha \geq \frac{n}{\sum_{cyclic} \left(\frac{x_1^{-\frac{1}{\alpha}} + \dots + x_k^{-\frac{1}{\alpha}}}{k}\right)^\alpha} \geq \frac{n}{\sum_{i=1}^n \frac{1}{x_i}}. \end{aligned}$$

*Proof.* In Theorem 2 we take  $x_i \rightarrow x_i^{\frac{1}{\alpha}}$  ( $i = 1, 2, \dots, n$ ). These inequalities are new refinements for AM-GM-HM inequalities.

**Remark.** The following

$$C_\alpha(x_1, x_2, \dots, x_n) = \frac{1}{n} \sum_{cyclic} \left(\frac{x_1^{\frac{1}{\alpha}} + \dots + x_k^{\frac{1}{\alpha}}}{k}\right)^\alpha,$$

$$D_\alpha(x_1, x_2, \dots, x_n) = \left( \frac{1}{n} \sum_{i=1}^n x_i^{\frac{1}{\alpha}} \right)^\alpha,$$

$$\overline{D}_\alpha(x_1, x_2, \dots, x_n) = \left( \frac{n}{\sum_{i=1}^n x_i^{-\frac{1}{\alpha}}} \right)^\alpha,$$

$$\overline{C}_\alpha(x_1, x_2, \dots, x_n) = \frac{n}{\sum_{cyclic} \left( \frac{x_1^{-\frac{1}{\alpha}} + \dots + x_k^{-\frac{1}{\alpha}}}{k} \right)^\alpha}$$

are new means for which  $A \geq C_\alpha \geq D_\alpha \geq G \geq \overline{D}_\alpha \geq \overline{C}_\alpha \geq H$ . These were introduced in [1].

**Application 3.1.** In all triangles  $ABC$  holds

1)

$$\begin{aligned} \frac{2s}{3} &\geq C_\alpha(a, b, c) \geq D_\alpha(a, b, c) \geq \sqrt[3]{4sRr} \geq \\ &\geq \overline{D}_\alpha(a, b, c) \geq \overline{C}_\alpha(a, b, c) \geq \frac{12sRr}{s^2 + r^2 + 4Rr} \end{aligned}$$

2)

$$\begin{aligned} \frac{s}{3} &\geq C_\alpha(s-a, s-b, s-c) \geq D_\alpha(s-a, s-b, s-c) \geq \sqrt[3]{sr^2} \geq \\ &\geq \overline{D}_\alpha(s-a, s-b, s-c) \geq \overline{C}_\alpha(s-a, s-b, s-c) \geq \frac{3sr}{4R+r} \end{aligned}$$

3)

$$\begin{aligned} \frac{4R+r}{3} &\geq C_\alpha(r_a, r_b, r_c) \geq D_\alpha(r_a, r_b, r_c) \geq \sqrt[3]{s^2r} \geq \\ &\geq \overline{D}_\alpha(r_a, r_b, r_c) \geq \overline{C}_\alpha(r_a, r_b, r_c) \geq 3r \end{aligned}$$

4)

$$\begin{aligned} \frac{2R-r}{6R} &\geq C_\alpha\left(\sin^2 \frac{A}{2}, \sin^2 \frac{B}{2}, \sin^2 \frac{C}{2}\right) \geq D_\alpha\left(\sin^2 \frac{A}{2}, \sin^2 \frac{B}{2}, \sin^2 \frac{C}{2}\right) \geq \sqrt[3]{\frac{r^2}{16R^2}} \geq \\ &\geq \overline{D}_\alpha\left(\sin^2 \frac{A}{2}, \sin^2 \frac{B}{2}, \sin^2 \frac{C}{2}\right) \geq \overline{C}_\alpha\left(\sin^2 \frac{A}{2}, \sin^2 \frac{B}{2}, \sin^2 \frac{C}{2}\right) \geq \frac{3r^2}{s^2 + r^2 - 8Rr} \end{aligned}$$

5)

$$\begin{aligned} \frac{4R+r}{6R} &\geq C_\alpha\left(\cos^2 \frac{A}{2}, \cos^2 \frac{B}{2}, \cos^2 \frac{C}{2}\right) \geq D_\alpha\left(\cos^2 \frac{A}{2}, \cos^2 \frac{B}{2}, \cos^2 \frac{C}{2}\right) \geq \sqrt[3]{\frac{s^2}{16R^2}} \geq \\ &\geq \overline{D}_\alpha\left(\cos^2 \frac{A}{2}, \cos^2 \frac{B}{2}, \cos^2 \frac{C}{2}\right) \geq \overline{C}_\alpha\left(\cos^2 \frac{A}{2}, \cos^2 \frac{B}{2}, \cos^2 \frac{C}{2}\right) \geq \frac{3s^2}{s^2 + (4R+r)^2} \end{aligned}$$

These inequalities are new refinements for a lot of classical triangle inequalities (Euler, Gerretsen etc.).

**Theorem 4.** If  $f : R \rightarrow R$  is convex and  $x_i \in R$  ( $i = 1, 2, \dots, n$ ),  $k \in \{1, 2, \dots, n\}$ , then

$$\frac{1}{n} \sum_{i=1}^n f(x_i) \geq \frac{1}{n} \sum_{cyclic} f\left(\frac{x_1 + x_2 + \dots + x_k}{k}\right) \geq f\left(\frac{1}{n} \sum_{i=1}^n x_i\right).$$

If  $f$  is concave then we have the reverse inequalities. This is a refinement of Jensen's inequality.

*Proof.*

$$\begin{aligned} \frac{1}{n} \sum_{i=1}^n f(x_i) &\geq \frac{1}{n} \sum_{cyclic} \frac{f(x_1) + \dots + f(x_k)}{k} \geq \frac{1}{n} \sum_{cyclic} f\left(\frac{x_1 + \dots + x_k}{k}\right) \geq \\ &\geq f\left(\frac{1}{n} \sum_{cyclic} \frac{x_1 + \dots + x_k}{k}\right) = f\left(\frac{1}{n} \sum_{i=1}^n x_i\right). \end{aligned}$$

**Application 4.1.** If  $x_i > 0$  ( $i = 1, 2, \dots, n$ ), then

$$\left(\frac{1}{n} \sum_{i=1}^n x_i\right)^n \geq \prod_{cyclic} \frac{x_1 + x_2 + \dots + x_k}{k} \geq \prod_{i=1}^n x_i \geq \frac{1}{\prod_{cyclic} \frac{\frac{1}{x_1} + \dots + \frac{1}{x_k}}{k}} \geq \left(\frac{n}{\sum_{i=1}^n \frac{1}{x_i}}\right)^n$$

a new refinement of AM-GM-HM inequalities.

*Proof.* In Theorem 4 we take  $f(x) = \ln x$ .

**Theorem 5.** If  $f : R \rightarrow R$  is bijective and convex,  $g : R \rightarrow R$  is bijective and concave  $x_i \in R$  ( $i = 1, 2, \dots, n$ ),  $k \in \{1, 2, \dots, n\}$ , then

$$\begin{aligned} f\left(\frac{1}{n} \sum_{i=1}^n f^{-1}(x_i)\right) &\leq \frac{1}{n} \sum_{cyclic} f\left(\frac{f^{-1}(x_1) + \dots + f^{-1}(x_k)}{k}\right) \leq \\ &\leq \frac{1}{n} \sum_{i=1}^n x_i \leq \frac{1}{n} \sum_{cyclic} f\left(\frac{g^{-1}(x_1) + \dots + g^{-1}(x_k)}{k}\right) \leq g\left(\frac{1}{n} \sum_{i=1}^n g^{-1}(x_i)\right). \end{aligned}$$

*Proof.* The function  $f$  is convex and bijective, therefore in Theorem 4 we take  $x_i \rightarrow f^{-1}(x_i)$  ( $i = 1, 2, \dots, n$ ), so we obtain

$$\frac{1}{n} \sum_{i=1}^n x_i \geq \frac{1}{n} \sum_{cyclic} f\left(\frac{f^{-1}(x_1) + \dots + f^{-1}(x_k)}{k}\right) \geq f\left(\frac{1}{n} \sum_{i=1}^n f^{-1}(x_i)\right).$$

The function  $g$  is concave and bijective, therefore in Theorem 4 we take  $x_i \rightarrow g^{-1}(x_i)$  ( $i = 1, 2, \dots, n$ ), so we obtain

$$\frac{1}{n} \sum_{i=1}^n x_i \leq \frac{1}{n} \sum_{cyclic} g\left(\frac{g^{-1}(x_1) + \dots + g^{-1}(x_k)}{k}\right) \leq g\left(\frac{1}{n} \sum_{i=1}^n g^{-1}(x_i)\right).$$

**Application 5.1.** If  $x_i > 0$  ( $i = 1, 2, \dots, n$ ) and  $k \in \{1, 2, \dots, n\}$ , then

$$\frac{1}{\ln\left(\frac{1}{n} \sum_{i=1}^n e^{\frac{1}{x_i}}\right)} \leq \frac{n}{\sum_{cyclic} \ln\left(\frac{e^{\frac{1}{x_1}} + \dots + e^{\frac{1}{x_k}}}{k}\right)} \leq \frac{n}{\sum_{i=1}^n \frac{1}{x_i}} \leq \frac{n}{\sum_{cyclic} \frac{1}{\sqrt[k]{x_1 \dots x_k}}} \leq$$

$$\leq \sqrt[n]{\prod_{i=1}^n x_i} \leq \frac{1}{n} \sum_{cyclic} \sqrt[k]{x_1 \dots x_k} \leq \frac{1}{n} \sum_{i=1}^n x_i \leq \frac{1}{n} \sum_{cyclic} \ln \left( \frac{e^{x_1} + \dots + e^{x_k}}{k} \right) \leq \ln \left( \frac{1}{n} \sum_{i=1}^n e^{x_i} \right).$$

These are new refinements for AM-GM-GM inequalities.

*Proof.* In Theorem 5 we take  $f(x) = e^x$  and  $g(x) = \ln x$ .

**Remark.** The following

$$\begin{aligned} F_1(x_1, x_2, \dots, x_n) &= \frac{1}{\ln \left( \frac{1}{n} \sum_{i=1}^n e^{x_i} \right)}, \\ F_2(x_1, x_2, \dots, x_n) &= \frac{n}{\sum_{cyclic} \ln \left( \frac{e^{x_1} + \dots + e^{x_k}}{k} \right)}, \\ F_3(x_1, x_2, \dots, x_n) &= \frac{n}{\sum_{cyclic} \frac{1}{\sqrt[k]{x_1 x_2 \dots x_k}}}, \\ \overline{F}_t(x_1, x_2, \dots, x_n) &= \frac{1}{F_t \left( \frac{1}{x_1}, \frac{1}{x_2}, \dots, \frac{1}{x_n} \right)}, (t \in \{1, 2, 3\}) \end{aligned}$$

are new means for which  $F_1 \leq F_2 \leq H \leq F_3 \leq G \leq \overline{F}_3 \leq A \leq \overline{F}_2 \leq \overline{F}_1$ .

If  $x_i \in [m, M]$  ( $i = 1, 2, \dots, n$ ), then  $m \leq F_1 \leq \overline{F}_1 \leq M$ .

**Application 5.2.** In all triangles ABC holds:

1)

$$\begin{aligned} F_1(a, b, c) &\leq F_2(a, b, c) \leq \frac{12sRr}{s^2 + r^2 + 4Rr} \leq \\ &\leq F_3(a, b, c) \leq \sqrt[3]{4sRr} \leq \overline{F}_3(a, b, c) \leq \frac{2s}{3} \leq \overline{F}_2(a, b, c) \leq \overline{F}_1(a, b, c). \end{aligned}$$

2)

$$\begin{aligned} F_1(s-a, s-b, s-c) &\leq F_2(s-a, s-b, s-c) \leq \frac{3sr}{4R+r} \leq F_3(s-a, s-b, s-c) \leq \sqrt[3]{sr^2} \leq \\ &\leq \overline{F}_3(s-a, s-b, s-c) \leq \frac{s}{3} \leq \overline{F}_2(s-a, s-b, s-c) \leq \overline{F}_1(s-a, s-b, s-c). \end{aligned}$$

3)

$$\begin{aligned} F_1(r_a, r_b, r_c) &\leq F_2(r_a, r_b, r_c) \leq 3r \leq F_3(r_a, r_b, r_c) \leq \sqrt[3]{s^2 r} \leq \\ &\leq \overline{F}_3(r_a, r_b, r_c) \leq \frac{4R+r}{3} \leq \overline{F}_2(r_a, r_b, r_c) \leq \overline{F}_1(r_a, r_b, r_c). \end{aligned}$$

**Theorem 6.** If  $f : R \rightarrow R$  is convex, bijective and increasing,  $g : R \rightarrow R$  is concave, bijective and increasing,  $x_i \in R$  ( $i = 1, 2, \dots, n$ ) and  $k \in \{1, 2, \dots, n\}$ , then

$$\begin{aligned} g^{-1} \left( \frac{1}{n} \sum_{i=1}^n g(x_i) \right) &\leq g^{-1} \left( \frac{1}{n} \sum_{cyclic} f \left( \frac{x_1 + \dots + x_k}{k} \right) \right) \leq \frac{1}{n} \sum_{i=1}^n x_i \leq \\ &\leq f^{-1} \left( \frac{1}{n} \sum_{cyclic} f \left( \frac{x_1 + \dots + x_k}{k} \right) \right) \leq f^{-1} \left( \frac{1}{n} \sum_{i=1}^n f(x_i) \right). \end{aligned}$$

If  $f$  and  $g$  are decreasing, then we have the reverse inequalities.



**Application 6.1.** If  $x_i > 0$  ( $i = 1, 2, \dots, n$ ) and  $k \in \{1, 2, \dots, n\}$ , then

$$\begin{aligned} \frac{1}{\ln\left(\frac{1}{n} \sum_{i=1}^n e^{\frac{1}{x_i}}\right)} &\leq \frac{1}{\ln\left(\frac{1}{n} \sum_{cyclic} e^{\frac{x_1+\dots+x_k}{k}}\right)} \leq \frac{n}{\sum_{i=1}^n \frac{1}{x_i}} \leq \frac{1}{\sqrt[n]{\prod_{cyclic} \frac{\frac{1}{x_1}+\dots+\frac{1}{x_k}}{k}}} \leq \\ &\leq \sqrt[n]{\prod_{i=1}^n x_i} \leq \sqrt[n]{\prod_{cyclic} \frac{x_1+\dots+x_k}{k}} \leq \frac{1}{n} \sum_{i=1}^n x_i \leq \ln\left(\frac{1}{n} \sum_{cyclic} e^{\frac{x_1+\dots+x_k}{k}}\right) \leq \ln\left(\frac{1}{n} \sum_{i=1}^n e^{x_i}\right). \end{aligned}$$

These are new refinements for AM-GM-HM inequalities.

*Proof.* In Theorem 5 we take  $f(x) = e^x$  and  $g(x) = \ln x$ .

**Remark.** The following

$$\begin{aligned} F_4(x_1, x_2, \dots, x_n) &= \frac{1}{\ln\left(\frac{1}{n} \sum_{cyclic} e^{\frac{x_1+\dots+x_k}{k}}\right)}, \\ F_5(x_1, x_2, \dots, x_n) &= \frac{1}{\sqrt[n]{\prod_{cyclic} \frac{\frac{1}{x_1}+\dots+\frac{1}{x_k}}{k}}}, \\ \overline{F}_t(x_1, x_2, \dots, x_n) &= \frac{1}{F_t\left(\frac{1}{x_1}, \frac{1}{x_2}, \dots, \frac{1}{x_n}\right)}, (t \in \{4, 5\}) \end{aligned}$$

are new means for which  $F_1 \leq F_4 \leq H \leq F_5 \leq G \leq \overline{F}_5 \leq A \leq \overline{F}_4 \leq \overline{F}_1$ .

**Application 6.2.** In all triangles ABC holds:

1)

$$\begin{aligned} F_1(a, b, c) \leq F_4(a, b, c) &\leq \frac{12sRr}{s^2 + r^2 + 4Rr} \leq F_5(a, b, c) \leq \sqrt[3]{4sRr} \leq \\ &\leq \overline{F}_3(a, b, c) \leq \frac{2s}{3} \leq \overline{F}_4(a, b, c) \leq \overline{F}_1(a, b, c). \end{aligned}$$

2)

$$\begin{aligned} F_2(s-a, s-b, s-c) \leq F_2(s-a, s-b, s-c) &\leq \frac{3sr}{4R+r} \leq F_5(s-a, s-b, s-c) \leq \sqrt[3]{sr^2} \leq \\ &\leq \overline{F}_5(s-a, s-b, s-c) \leq \frac{s}{3} \leq \overline{F}_4(s-a, s-b, s-c) \leq \overline{F}_1(s-a, s-b, s-c). \end{aligned}$$

3)

$$\begin{aligned} F_2(r_a, r_b, r_c) \leq F_4(r_a, r_b, r_c) &\leq 3r \leq F_5(r_a, r_b, r_c) \leq \sqrt[3]{s^2r} \leq \\ &\leq \overline{F}_5(r_a, r_b, r_c) \leq \frac{4R+r}{3} \leq \overline{F}_4(r_a, r_b, r_c) \leq \overline{F}_1(r_a, r_b, r_c). \end{aligned}$$

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STR. HARMANULUI 6  
505600 SĂCELE  
ROMANIA